

# Shop... Shop... Shopping for the BEST!

Here we showcase a few great finds for locally produced specialty foods and products that we think you may enjoy too. Here's how and where to find them in area stores that carry them.



## CHOCOPERFECTION

Chocoperfection is a rich, creamy classic European chocolate, naturally sugar-free with only 2g net carbs and 14g fiber! Chocolate lovers, who have experienced weight or health problems and thought they could no longer eat chocolate now can! (see ad page 29) [LowCarbSpecialties.com](http://LowCarbSpecialties.com)



## CHOCOLATE MYRACLES

Julia Balassa-Myracle is the "Truffle Queen" of Spokane! With her real passion for chocolate, she has created her own unique recipes using imported chocolate from Latin America and Europe. Prepared with no preservatives or additives and using cream cheese and butter from a local dairy, she creates a high-end luxury treat for personal and corporate gifts... perfect for the holidays and any occasion! Find them at The Chocolate Apothecary, Mad Hatties and the Coeur d'Alene Cellars Wine Bar. [ChocolateMyacles.com](http://ChocolateMyacles.com)



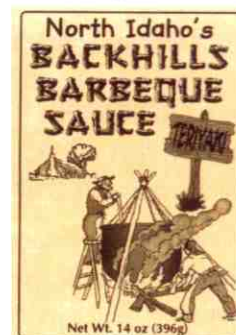
## THREE BEARS' PORRIDGE

It's not just oatmeal!! 5 flavors of porridge: Original, Chocolate, Huckleberry, Cranberry Almond and Cinnamon Raisin. Find them at Simply Northwest, Hallett's Market, Egger's Meats, Huckleberry's and Liberty Lake at Eclectic Gifts. [ThreeBearsPorridge.com](http://ThreeBearsPorridge.com)

## BACKHILLS BBQ

Troy Gordon's secret recipe BBQ came out of a personal taste for something not yet on the market ... his own sauce. If you are tired of "sugared up" preserved, over-processed gunk in your sauces, give it a try. Original, Hot, Teriyaki and Sweet N'Sassy flavors are available at Yoke's, Rosauer's, Super One Foods, Egger's Meats and Sonnenberg's Market in Washington, and Pilgrim's Market & Tim's Custom Meats in Idaho.

[BackhillsBarbecueSauce.com](http://BackhillsBarbecueSauce.com)



## TACO CHIC SALSA

Juanita Carmack is one HOT Tamale! Her 100-year-old family salsa recipe isn't the only reason. She sells home-style tamales that bring tamale lovers from miles around to The Salsa Factory in Rathdrum, Idaho, but you will find Taco Chic Salsa at Yoke's Markets, Huckleberry's, Egger's Meats, Eclectic Gifts and Tidyman's. [TacoChicSalsa.com](http://TacoChicSalsa.com)



## THE BARN COUNTRY ITALIAN

Straight from the Trezzi Farm in Green Bluff, just north of Spokane ... buy real Italian food from a real Italian! Davide Trezzi, from Milan, Italy, and his wife Stephanie bring you family recipe dishes made with produce fresh from their farm. Product line includes no preservative sauces: pesto, marinara & meat, lasagna: pesto, marinara and meat, polenta marinara with butter cheese & garlic and Northern Italian-style minestrone soup.

